

STRENGTH & CONDITIONING SUMMER CAMP

\$150

FOR THE SUMMER

GRADES WELCOME

7 - 12

**5:00 -
7:00 PM**

EVERY MONDAY THROUGH THURSDAY STARTING

JULY 17TH - AUGUST 17TH

ALL ARE WELCOME - BOYS & GIRLS

BISHOP GRIMES JR/SR HIGH SCHOOL

6653 KIRKVILLE ROAD
EAST-SYRACUSE, NY 13057
WEIGHT ROOM

TO SIGN UP CONTACT COACH WAIT
EMAIL: JWAIT@SYRDIOCESE.ORG

